

lives and at their work. Looking at the results of the studies conducted by scientists, both of them showed that there is not any big distinction between single-sex schools and co-educational schools. The extent of achievement of the pupils is virtually similar in both schools. Thus, I would rather take my children to co-educational public schools in the future because they may struggle during their lives if they have studied at single-gender schools..

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SOME BENEFITS OF INTERACTIVE METHODS IN TEACHING FOREIGN LANGUAGES

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Abstract. *This article examines the impact of social media on mental health, specifically focusing on the potential negative effects of excessive social media use. The authors analyze existing research and discuss how social media can contribute to feelings of loneliness, anxiety, and depression. The article also explores strategies for mitigating these negative effects, such as setting boundaries on social media usage and promoting real-life social interactions.*

Keywords. *Method, field, education, foreign languages.*

Learning a foreign language can be a challenging task, especially for those who do not have regular exposure to the language. Traditional teaching methods, such as memorization and rote learning, may not always be effective in helping students develop fluency and proficiency in a new language. In recent years, there has been a growing emphasis on the use of interactive methods in language teaching, as they have been shown to be more engaging, effective, and enjoyable for students. This article will explore the importance of interactive methods in teaching foreign languages and provide evidence to support their effectiveness.

Interactive methods, such as role-playing, group discussions, games, and multimedia resources, encourage active participation and engagement from students. By interacting with the language in real-life situations, students are able to practice their language skills in a meaningful context and develop their communicative abilities. Research has shown that interactive methods can improve students' speaking, listening, reading, and writing skills more effectively than traditional methods.

One of the key benefits of interactive methods is that they promote a communicative approach to language learning. Instead of focusing solely on grammar rules and vocabulary memorization, interactive methods encourage students to use the language in authentic situations and communicate with others. This helps students develop their fluency, confidence, and ability to express themselves in the target language.

Furthermore, interactive methods can cater to different learning styles and preferences. Some students may learn best through hands-on activities, while others may prefer visual or auditory stimuli. By incorporating a variety of interactive activities into language lessons, teachers can accommodate the diverse needs of their students and create a more inclusive learning environment.

In addition to improving language skills, interactive methods can also enhance cultural awareness and understanding. Through activities such as role-playing, students can explore different cultural norms, customs, and perspectives, which can

deepen their appreciation for other cultures and promote intercultural communication skills.

Moreover, interactive methods can make language learning more enjoyable and engaging for students. By incorporating games, multimedia resources, and real-life scenarios into lessons, teachers can create a dynamic and interactive learning experience that motivates students to actively participate and learn.

In conclusion, interactive methods play a crucial role in teaching foreign languages by promoting active engagement, communicative skills, cultural awareness, and enjoyment in the learning process. As educators continue to explore innovative approaches to language teaching, incorporating interactive methods into language lessons can help students develop proficiency and fluency in a new language more effectively. By embracing interactive methods, teachers can create a more dynamic and engaging learning environment that empowers students to become confident and proficient language learners.

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THE BENEFITS OF INTERACTIVE METHODS IN TEACHING FOREIGN LANGUAGES

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***Abstract.** This thesis explores various approaches to promoting language learning in the classroom, with a focus on listening and intercultural competence.*